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PEEL DAILY NEWS

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Turner Fenton teacher Richard Knill is suspected of having a relationship with a 17-year old student.

Photo by Jessica Padhi

Moms say teacher facing sex charges should've been booted

by **Jessica Padhi and Marco Patrone**

Some parents want heads to roll at the Peel School Board.

They say a teacher charged with inappropriate sexual behaviour with a student should've been kicked out of the classroom years ago.

53-year-old Richard Knill, a teacher and sports coach at Turner Fenton Secondary School is suspected of having a consensual relationship with a 17-year-old student.

Knill has faced a total of eight allegations over his teaching career including being accused of sexually touching female students dating back

to 1992. Each time, he was found not guilty, and was moved to a different school.

Taranjot Kaur of Brampton says the board should've kept a closer eye on this teacher after the initial allegations of inappropriate behavior with female students.

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Donation box bandit nabbed after stealing from mosques

by **Marco Patrone**

Police have arrested a Mississauga man suspected of stealing thousands of dollars in cash from donation boxes at Mosques across the city.

Officers charged 58-year old Ashraf Awad with five counts of theft under \$5,000.

He is also charged with one count of theft over \$5,000, two counts of break and enter.

Awad is suspected of helping himself to a total of \$12,000 taken from six separate Mosques between the days of June 4 and June 17, 2017.

Investigators say the suspect walked into the religious buildings and either stole the locked donation box containing cash or broke into the box and removed the money inside.

The culprit normally

attended the Mosques while they were open to worshippers. On two occasions, police say money was stolen after the suspect broke into the building.

Awad was held for a bail hearing Sunday, June 18, 2017 at the Ontario Court of Justice in Brampton. Police are asking other organizations to contact police if they have experienced a similar type of theft.

Mississauga man caught after series of retail robberies

A Mississauga man is in custody after a series of brazen robberies that occurred throughout Mississauga and Toronto over a one-month period.

20-year old Hatim Abdullahi was charged with four counts each of possession of a weapon, robbery with an offensive weapon, disguise with intent and possession of property obtained by crime.

Aside from a May 14 and a June 16 robbery at shops in Etobicoke, Abdullahi and an accomplice robbed two Mississauga businesses.

On May 24, the two men robbed a Love Shop at Dundas Street East and Dixie Road area, brandishing a butcher knife while stealing cash and other property from the victim.

On June 7, police

say Abdullahi and the accomplice robbed a kitchen store in the Martin Grove Road and Burnhamthorpe Road area.

Police from 22 Division located Abdullahi and arrested him. Abdullahi appeared in court on Saturday. The accomplice has not been identified. He is described as black, 18-20 years old and around five-foot-seven to five-foot-ten.

Mother's racist rant goes viral on social media

by **Marco Patrone**

The video of a woman demanding to see an "English-speaking white doctor" at a Mississauga walk-in clinic is attracting thousands of YouTube views and drawing world-wide media attention.

The video shows a woman berating staff at the clinic, demanding her sick son be treated by a, "white doctor who doesn't have brown teeth."

The woman's son complained of suffering from

chest pain.

The woman, who identifies herself as his mother, took the boy to the Rapid Access to Medical Specialists Clinic in Mississauga.

In the video she can be heard tearing into the receptionist saying, "you're saying in this whole entire building, there isn't one white doctor?"

Other people in the waiting room became upset and told her to go elsewhere but she refused.

Later she can be heard saying, "Oh my god, what

type of horrible country do I live in? Being white in this country, I should just shoot myself."

Another patient, Hitesh Bhardwaj shot the video using his smart phone camera and posted it online where it attracted over 60,000 views by late afternoon the following day.

The story has been picked by media around the world including Britain's Mail online, which described the woman's verbal onslaught as 'vile.'

Probe into fatal crash in Mississauga

Peel Regional Police are looking for witnesses to a fatal crash that involved three vehicles on the afternoon of Wednesday, June 14.

At about 5:10 p.m., police say a black Pontiac G8 ran into two vehicles near the intersection of Goreway Drive and Dorcas Road in

Mississauga.

The driver of the Pontiac G8, a 46 year-old male from Brampton was rushed to a local hospital where he died.

The drivers of the other two vehicles were not injured.

Investigators are appealing to anyone who saw what

happened or has dashboard video footage of the incident.

Anyone with information regarding this incident is asked to contact investigators with the Major Collision Bureau at (905) 453-2121, ext. 3710.

Members of Driftwood Crips arrested in Peel

by **Alex Gregory**

Twelve residents in Peel Region, including nine men in Brampton and a teenager in Mississauga, were arrested as part of a large-scale crackdown last week by various police agencies.

Members of Peel Regional Police, Toronto Police Services and 18 other police forces conducted a series of search warrants across Ontario (named "Project Kronic") against members of the Driftwood Crips, a violent gang that has ties to robberies, shootings, drug trafficking and other offenses.

Among the individuals arrested in Peel are a 17-year old who was charged with conspiracy to commit robbery, and Tiaven Brown, a 28-year old Mississauga resident who is charged with drug trafficking, firearm possession and other offenses.

The accused men were in bail court on June 17.

The gang members arrested during Project Kronic on June 15 were part of the Driftwood Crips, a violent gang which were thought to have been shut down during a series of raids in 2007.

Since then, the group reformed and allegedly began trafficking in drugs throughout Ontario, including shipments of fentanyl and cocaine to drug dealers in the Sudbury area, according to Toronto Police Chief Mark Saunders.

The 120 men arrested during the Project Kronic raids were charged with more than 650 offenses, including robbery, drug and weapon trafficking, attempted murder and conspiracy to kidnap.

The individuals in Peel who were arrested as part of the raids include:

Brampton

Abdalla Alamar, 36
Jabarie Campbell, 26

Bradley Johnson, 33
Mahadale Mahadale, 22
Shamar Myers, 23
Andrew O'Neil, 32
Amir Robinson, 21
Latrell Walker, 23
Shem Whittaker, 35

Mississauga

Tiaven Brown, 28
Howard Burke, 54
A 17-year old teenager, who cannot be identified under the Youth Criminal Justice Act

Saunders also stated during the press conference that the Crips operated as a number of "cells" that were centralized around several key areas, including Driftwood Court in Toronto.

He also stated that several of the leaders were thought to be running operations despite being in jail.

"We are all safer as a result of this," Saunders said.

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Terror attacks won't deter 'stiff upper lip', British ex-pat from travelling to England

by **Marco Patrone**

After 44 years living in Canada, British-born Pat Burns still takes regular trips back to England and says recent terror attacks will not stop her from going back again September.

"I'm concerned, but it won't stop me from going. My family are there, and I'm not going to let other people dictate how I live my life," she said.

On the Government of Canada website, there is an advisory last updated June 19 which offers Canadians planning to travel to the UK the following words of warning:

"There is no nationwide advisory in effect for the United Kingdom. However, you should exercise a high degree of caution due to the threat of terrorism." Despite that, London remains

among the top choices for Canadians looking to travel abroad.

Burns, a longtime Brampton resident now living in Toronto, still proudly sports a Liverpool accent after all these years in Canada.

She credits her defiant attitude on the post-war upbringing she had in England, when tough times meant soldiering on and making do.

"That's the old British way you see, isn't it. You can keep beating us up but we're gonna go back for more. As a postwar child, where we went through a lot of rationing, shortages and seeing your parents struggling because there was no, 'this or that'.

I don't know if it makes you stronger or what."

She was in Manchester

"just down the road" from the horrific terror attack on concertgoers leaving an Ariana Grande concert May 22.

The ISIS-inspired attack by a suicide bomber killed 22 people and injured 50 others.

"It was shocking news to wake up to. It was all so surreal."

In the last five years, Pat and her husband Ed have travelled to some of the worlds 'hotspots' including Israel, Egypt and Turkey.

She says the recent attacks and violence in those countries would deter her from travelling there again anytime soon.

"All those places I'm glad I went then. I wouldn't go back to those places," she said. "Would I return, absolutely not. I was there before the last lot of trouble



Photo by Emily Mizsk

broke out in Israel.

When it comes to birthplace, she's familiar with her homeland and therefore feels safer despite the recent attacks in London and Manchester. She'd left London just before the second bridge truck attack June 3.

Despite the attacks that took place while she was in England or just after her departure, Pat says she is

going back in September.

Asked if she thinks these kind of attacks will spill over into Canada one day, Pat says, "I hope not."

Pat says that when she immigrated 44 years ago she was "subjected to such a stringent examination and check ups and references. I'm just wondering if they're doing their job properly," she said.

Turner Fenton teacher in hot water after sexual allegations

(Continued from N1)

"Someone needs to be held responsible for this," said Kaur, a 41-year-old mother of a 17-year-old at Turner Fenton Secondary School.

She says Peel District School Board must take these types of allegations more seriously. Simply moving a teacher who has been accused of inappropriate sexual behaviour with students from school to school "is not a good enough solution," she says.

"I wonder if my kids are really safe when they are in school for however many hours a day they are here. We must take this more seriously."

Kaur says if a teacher is found not guilty in such cases, he should be monitored

very closely afterwards.

Carla Pereira, communications manager at Peel District School Board, says there is a process in place to handle such matters.

"When allegations are brought against a teacher, a board investigation follows the trial, whether a teacher is found guilty or not guilty."

"We obtain trial transcripts and consult with police and Children's Aid Society to make a decision based on the information given and potential risks to the safety of students," she said. "We do the best we can with the information we have at the time."

Shirley Thantony, of Brampton, disagrees and says the board's best is not good enough in terms of

protecting children.

She wants to know how and why Knill was allowed to teach at Turner Fenton.

"I'm really questioning if my children are really safe at this school. This is so shocking and disgusting."

"A teacher who has already been accused twice was let back into a classroom. This is just not acceptable. The safety of the children needs to be the priority," she said.

In a statement released by the Ontario College of

Teachers, Knill previously admitted to unprofessional behaviour and conduct unbecoming a member. The panel found Knill guilty of professional misconduct.

He was reprimanded with a two months' suspension and he was made to undertake a psychiatric assessment.

Knill has been granted bail and is scheduled to appear in court again July 17.



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Will he stay or will he go?



John Valorzi
Columnist

Any way you look at it objectively, Mississauga South's Charles Sousa has been a successful provincial finance minister now going into his fifth year as steward of Ontario's public finances.

After a decade of Ontario red ink, Sousa managed to balance the books this year and hopes to keep in the black through better than expected economic growth over the next several years.

The economy is performing well and the provincial jobless rate has dropped under Sousa's helm to 5.8 per cent -- the lowest in 16 years.

But despite that good news on the deficit and economy, the Liberal government of Premier Kathleen Wynne has gained almost no political benefit.

Polls show Wynne is the most unpopular premier in decade and the Liberals are mired in third place -- well behind the NDP and miles from the front-running PCs.

Sousa, who finished fifth in the 2013 Liberal leadership race and eventually backed Wynne for the crown, is watching the polls carefully. Liberals like power and there are those in the party who are quietly planning to fight the June 2018 election with a new leader.

We've seen this script before.

Former premier Dalton McGuinty quit politics in the fall of 2012 after proroguing the house in a minority legislature and setting the scene for a leadership race that chose Wynne as his successor.

The move paid off for the Liberals when Wynne won an improbable majority victory in

the June 2014 election.

There is speculation in some Liberal circles that the premier may eventually be forced to bow to the inevitable and quit ahead of the next election to save the party from collapse at the polls.

We're not at that point yet, and you can expect an energized Wynne to go on an election-syde PR campaign over the next half year to sell her government's achievements - a balanced budget, free drugs for young people under 25 and a looming \$15 minimum wage. But if Wynne has not turned around her dismal poll numbers by the end of the year, expect the pressure to mount for her to leave office.

That could leave the door open for Sousa to throw his hat in the ring again if the opportunity presents itself.

Sousa, who turns 59 this fall, could be seen as a front-runner for the provincial Liberals centre-right wing with similar economic views as former Prime Minister Paul Martin. But others could also weigh in - from former MPP Sandra Pupatello and Finance Minister Dwight Duncan to current Health Minister Eric Hoskins.

Sousa's brand of Liberalism -- support for social and health spending but a focus on restructuring the economy, keeping a lid on taxes and spending - could resonate with Ontarians who seem to be tiring of Wynne's left of centre policies. All that is left for the future to decide and right now it's hard to bet against Wynne. But if an opening presents itself, don't bet against Sousa.

John Valorzi is a veteran journalist and former business editor of the Canadian Press.

Historic arms depot begins the rehabilitation process

by Alex Gregory

A historic property that previously served as a munitions plant in the Second World War is getting a new lease on life.

Members of the federal, provincial and municipal government broke ground this past weekend to celebrate the reconstruction of the Small Arms Building in Lakeview.

The property is being converted into a creative hub for artists, as part of a community-driven project stretching back several decades.

The project was funded with \$1 million from the government as part of the Canada 150 Community Infrastructure Program.

"A lot of people were dedicated to making this work," said Jim Judge, former head of the Lakeview Ratepayers' Association, who spearheaded the initiative to protect the site in the late 90s through community efforts along with Ward 1 Councillor Jim Tovey.

The Small Arms Building is the last remaining facility on the Arsenal Lands site in Lakeview that dates back to the 1940s. It was a



former munitions plant that employed more than 400 women who constructed handheld weapons during the Second World War.

One of those women, Dorothy Browne, served as an inspector from 1940 - 1943, and bunked in a dormitory with her fellow workers across the street from the plant. She said that her role with the plant affected the lives of fellow soldiers in battlefields on the other side of the world.

"I was very conscious of my work," she said. "If I didn't inspect a component of a weapon correctly, it could mean life or death for one of those young men."

After nearly being demolished in 2008, the Lakeview

Legacy Community Foundation was established to recognize the historical and cultural importance of the site, along with the City of Mississauga giving it official status under the Ontario Heritage Act in 2009.

The redevelopment of the site was of particular importance to local residents, including Mississauga-South MPP Charles Sousa, who lived in Lakeview as a child in the 1960s.

He spoke of his appreciation for local politicians, including Mississauga-South MP Sven Spengemann and Mayor Bonnie Crombie, for rallying together and helping to get infrastructure funding in place for the building. "It's touching

to see the community rally together for this project," he said.

Three oak trees sourced from acorns found in Vimy Ridge in France were also planted in front of the building to commemorate the 100th anniversary of the battle this past April.

Judge said that the site will be important for future generations, and urged the community to help make it a dynamic, creative space for everyone to flourish in. "This community has to take ownership of it for our future."

The Small Arms Building is located at 1352 Lakeshore Road West. For more information, visit www.smallarmsbuilding.ca.



Former Small Arms Building workers Rose Daikens, Dorothy Browne, Hilda Insley and Linda Wiggley attended the ceremony.



Small Arms Building - MPP Charles Sousa, Mayor Bonnie Crombie, Ward 1 Councillor Jim Tovey and MP Sven Spengemann break ground



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New associate directors at PDSB

by **Alex Gregory**

The Peel District School Board has moved two long-time superintendents into associate director roles, effective this August.

Poleen Grewal will replace Scott Moreash (who retires this September) as the new associate director of instructional and equity support services, while Wendy Dowling takes over as the new associate director of school support services.

Grewal, who is currently the superintendent of curriculum and instruction support services, has been involved with several initiatives in Peel including the “We Rise Together” conference in early May, which worked to provide leadership strategies and inspire Black male students living in Peel Region.

She previously worked as a superintendent of education for schools within Meadowvale and Streetsville, including West Credit

Secondary School. Prior to that, she taught in the North York and Toronto District school boards.

“(Poleen’s) leadership on the board’s We Rise Together action plan, her deep understanding of equity and her focus on continuous progress in this area will help us achieve our board goal of inclusion for all,” Peel Board chair Janet McDougald said in a statement Monday.

As superintendent of instructional and equity support services, Grewal will support the implementation of teaching and learning initiatives, including the board’s Empowering Modern Leaders vision. She will also supervise several support services departments, including alternative programs, curriculum and instruction, early years, human resources and special education.

Dowling will supervise

and support the board’s 13 superintendents of education and the superintendent of leadership development and school support services to implement board policies, programs and initiatives.

Dowling currently serves as superintendent of leadership development and

school support services.

Prior to that, she worked as the superintendent of education for Mississauga schools in Clarkson, Lorne Park and Erindale.

Moreash will retire on September 30, 2017, after serving as associate director of instructional support services since January 2013.



Poleen Grewal (left) with guests during the “We Rise Together” conference, held at Sheridan College Davis Campus on May 5, 2017.

File Photo by Alex Gregory

Brampton Concludes Ramadan with Eid Celebration

Brampton City Hall will mark the end of Ramadan with an Eid celebration being held by Ahmadiyya Muslim Jama’at next Wednesday, June 28.

Muslims across the world will celebrate the “breaking of the fast” on the 28 to mark the conclusion of Ramadan, a month in which they focus on growing in their faith and knowledge.

Ramadan includes the iftar, the evening meal held at the end of each day to break the fast with other members of the community.

Eid celebrations typically last for three days, in which Muslims gather with friends and family.

A common greeting

during this holiday is Eid Mubarak, which means, “Have a blessed Eid!”

Members of the community are invited to attend the ceremony, which runs from 6:30 - 8:00 p.m. in the Brampton City Hall Atrium.

A large number of dignitaries, community members and business owners are expected to attend the celebration, which will also include a presentation on the history and impact of Ramadan.

Participants are required to register for the event.

For more information, visit whoozin.com/NHQ-936-GUVA.

New Caledon elementary school named for retiring PDSB director Tony Pontes

A school in Caledon will be renamed after the Peel District School Board’s retiring Director of Education, Tony Pontes.

At a PDSB board meeting Monday night, it was announced that Southfields Village #2 School (temporarily named Kennedy Road Public School) will be renamed as the Tony Pontes Public School.

Peel school board trustees approved the new elementary school in the Mayfield community for Pontes, who has been helping the position since March 2010 and

is will be retiring in August 2017 after 39 years of service.

Pontes has spent his entire career with the Peel board, beginning in 1978 as a teacher of mathematics and woodworking at the then-named J. A. Turner Secondary School.

After his time as a teacher, department head and vice-principal, Pontes became principal of Chinguacousy Secondary School, followed by Mayfield Secondary School. In 2000, he became a superintendent of education, where he had

the opportunity to serve as both an elementary and secondary superintendent. In 2009, he became superintendent of staff development and school support services at the HJA Brown Education Centre.

His career highlights include the board’s Plan for Student Success, which combines an instructional focus on math with a system committed to enhancing mental health and well-being.

“We are honoured to recognize and have the focus at our school be truly inspired

by Tony’s commitment to empower students to achieve their full potential,” says Sheryl Johnston, principal of Tony Pontes Public School.

“My staff and I are looking forward to getting to know our students and parents and building strong relationships with our school community.”

For the 2017-18 school year, Tony Pontes students will be accommodated at Countryside Village Public School in Brampton. It is expected that construction will be completed and Tony Pon-

tes Public School students will move to their school by the 2018-19 school year.

The school will serve approximately 650 students in kindergarten to grade 8 and is projected to have approximately 275 students in the first year.

“Tony is a tireless advocate for public education—he truly is someone who each day lives and breathes the Peel board mission to inspire success, confidence and hope in each student,” says Janet McDougald, chair of the Peel board.

“This new school honours

the excellent work he has done and continues to do to support children and their families. It will be a symbol of the quality education he so strongly supports and will add to the legacy he has built during his career with the Peel board.”

The school will be located at South of Old School Rd. and West of Kennedy Rd in Caledon.

For more information, call 905-452-3194.

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Brampton Glass Manufacturer Fined \$100,000 for Accident

A bottle-manufacturing company in Brampton is feeling the heat after pleading guilty and being fined \$100,000 as a result of a worker suffering a permanent injury.

On February 27, 2016, an employee was working at the industrial site in the bottle forming department of O-I Canada Corporation's glass-manufacturing facility, located at 100 West Dr.

The employee and a machine operator were working on a machine known as the Individual Section (IS) bottle making machine, which produces 100 bottles per minute by forming molten "gobs" of glass at 1,200 degrees Celsius.

The worker and the machine operator were jointly performing a standard operating procedure which included

inspecting bottles and changing all neck rings and plungers.

Toward the completion of the task, the worker was removing rings from the front of the machine and lost sight of one of the rings.

The machine operator closed the mold so that the worker could reach in and retrieve the ring.

While the worker was reaching in, the mold moved from the closed position to the open position. When the mold opened, this pinched the worker's hand between the mold and a shaft for several minutes, until a co-worker used a switch to close the mold again.

When the mold closed, the worker was able to remove the hand but suffered critical crush and burn injuries that required surgery and resulted in permanent injury.

A Ministry of Labour investigation followed. It was found that the defendant failed to ensure that control switches or other control mechanisms were locked out and failed to ensure that other effective precautions were taken to prevent the starting of mold-opening motion that could endanger a worker.

O-I Canada Corporation was fined \$100,000 by Justice of the Peace Milagros Eustaquio-Syme in Brampton court on June 13, 2017.

The court also imposed a 25-per-cent victim fine surcharge as required by the Provincial Offences Act. The surcharge is credited to a special provincial government fund to assist victims of crime.

Seva Food Bank Annual Gala

held Friday June 16th at the Embassy Grand Convention Center in Brampton.



Board of Directors of Seva Foodbank

Photos courtesy of Angie Rehal

Brampton Fire officials warn residents about fire safety standards

by **Alex Gregory**

The City of Brampton is taking steps to ensure that local residents are aware of fire safety and building standards, in the wake of last week's devastating high-rise apartment building fire in London, England.

Brampton Fire and Emergency Services released a statement Tuesday evening telling apartment owners that the tragedy in England couldn't be replicated in the city.

"While there is a certain level of unpredictability in every fire situation, Fire Code and building standards adhered to in Ontario make this an unlikely event here," said Brampton Fire Chief Michael Clark.

"Early reports indicate the cladding installed on the exterior wall caused the fire to spread rapidly

between floors. This cladding is prohibited under the Ontario Building Code, and does not exist in Brampton."

Apartment buildings in Ontario are required to be maintained to the requirements of the Fire Code where applicable.

Most apartments are designed to prevent the spread of fire. Fire alarm systems, sprinkler systems and other fire prevention components, including safety plans, fire escape routes and fire doors are required and subject to inspection.

"In our experience, apartment fires in Brampton have been contained to the unit in which they started," said Clark. "Construction standards and materials and sprinkler systems help to prevent the fire from spreading, and sometimes the fires are out even

before our crews arrive."

There are common and preventable ways most fires start, regardless of whether you live in an apartment or a house.

A working smoke alarm is a critical link in the fire safety chain for you and your family. Ensure you have working smoke alarms by all sleeping areas. Test them monthly and replace batteries every year.

It is a landlord's responsibility to provide working smoke alarms in a rental unit, but it is a tenant's responsibility to notify the landlord as soon as the tenant becomes aware that the smoke alarm is disconnected, not operating, or is impaired.

If there's a fire in your unit, get everyone out, close the doors behind you and exit the building. If there is a fire alarm system, pull the fire alarm and call 911, alerting others about the fire.

If the fire alarm in your building goes off, then you need to decide what to do. Every fire is different. You must act immediately upon hearing the fire alarm. If you decide to stay, be ready to go. If you discover the fire, if there is smoke, or if you are not sure, get out and stay out.

You must always protect yourself from smoke. Most fire deaths are a result of the smoke, not the fire. If you remain in your unit, seal cracks around your door with duct tape and towels. Don't use the elevators, and if you encounter smoke in stairways, return to your unit or a neighbour's unit.

It's never okay to assume that responsibility for fire safety is someone else's concern. Fire safety always starts with you.

"Protect what matters most to you - your family," said Clark. "Test your smoke alarms and know your building's fire safety procedures."

We Rise Together report outlines challenges for Black youths in Peel

Peel District School Board's plan to support Black male students for the 2017-18 school year was approved Monday night.

The We Rise Together Accountability Report outlines a plan to help Black youths, via mandatory awareness training, the creation of an advisory council, an annual parent engagement event, resources to support Black mentorship programs in schools, and ongoing research to measure Black student achievement.

The We Rise Together Plan was originally released in October 2016 to identify and minimize the marginalization experienced by Black males in Peel board schools.

Board staff will work with York University to measure Black male student achievement through ongoing, in-depth

qualitative and quantitative research with students and their schools.

The action plan for 2017-18 is organized into four areas, which include community engagement, events to encourage Black student leadership and development, and bias awareness professional development.

PDSB previously held their inaugural We Rise Together conference in May 2017, and is planning another conference for next year. A symposium is also planned for October 2017 which will be geared towards educators developing Black mentorship programs at the school level.

The board will host a community event at the HJA Brown Education Centre on Sept. 23, 2017, to share the report and answer questions.

Biking in The City: How Does It Move You?

Does cycling move you?

by **Alex Gregory**

The City Of Mississauga will be holding a public open house on June 21 at the Living Arts Centre to discuss that question, and are encouraging residents from across the city to weigh in with their opinions.

City officials developed the Cycling Master Plan in 2010 to create a framework that would shape a bikeable city.

From 2010 - 2016, the Master Plan set out to overhaul existing trails and bicycle facilities, in an effort to create an expanded network that would provide access to key destinations like public transit hubs.

During that time period, the city's usable trails, bicycle lanes and shared routes have increased by nearly 20 per cent.

The Master Plan also included an initiative to look for available grant funding.

A multi-use trail connecting the Streetsville GO Station to Thomas Street was completed in 2016, while a \$3,757,000 Public Transit Infrastructure Fund grant from the federal government for cyclist and pedestrian access to the Mississauga Transitway and GO stations was received in March of this year.

The City initiated a consultation process in

2017 to make information more accessible and inclusive to the public, and provide more opportunities for communication and feedback.

To that end, they created a site, DoesCyclingMoveYou.ca, to solicit input on the Master Plan and get people involved earlier in the project.

The "Does Cycling Move You?" Open House will run from 3:30 – 7 p.m. in the BMO Room at the Living Arts Centre (4141 Living Arts Drive).

Those unable to attend the June 21 public meeting will have another opportunity in September.



Peel Regional Police are cautioning residents to ride safely and wear a helmet. A public open house for Mississauga's Cycling Master Plan will be held on June 21.

Beating the heat in Peel

by **Erica Phillips and Alex Gregory**

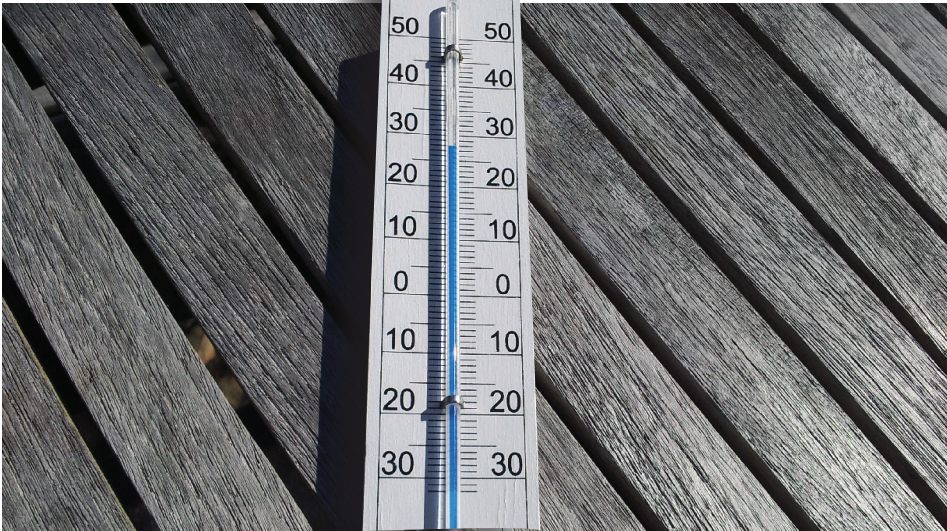


Photo credit Pixabay.com

Sweltering weather conditions are causing Peel residents to run for cover.

The Region of Peel issued a heat warning last week alerting residents in all three municipalities further high-temperature

weather was expected in the coming weeks. With temperatures reaching the low thirties last Monday and Tuesday with humidex values approaching forty, residents are urged to take extra precautions to stay

cool due to a higher risk of heat-related illnesses, including heat stroke and dehydration.

The hot weather didn't stop some residents from going about their daily routines.

Some jogged their usual routes while others, like Aisling McKeown, busied herself with sweeping the stairway at her parents' home as the sun shone overhead.

McKeown said that it's easy to know when you're running the risk of heat exhaustion because you stop sweating.

"You have to remind yourself to drink water," she explained. "When you're sweating, your body is doing what it's supposed to do. When you stop sweating, you're in the danger zone."

In a public statement, the Region also urged residents to be watchful of family, neighbours and friends who may be vulnerable and exhibiting signs of heat-related illnesses.

Infants, children, seniors, individuals with chronic diseases and the homeless are at the greatest risk of getting a heat-related illness.

Symptoms of heat-

related illness can include extreme thirst, vomiting, rapid breathing, dizziness or fainting and rapid heartbeat, among others.

Residents who are experiencing any of these symptoms should cool off as soon as possible by moving to a shaded or air conditioned area, increasing fluid intake and resting.

If the symptoms persist, they should contact a doctor or call 911 immediately.

When caring for someone who is showing signs of heat stroke, such as high body temperature, confusion, loss of consciousness or the absence of sweating, call 911 immediately.

Residents are also advised to:

- drink plenty of fluids (especially water)
- avoid strenuous activities between 10 a.m. and 4 p.m., when the sun is at its hottest
- wear light-weight and loose-fitting clothing
- never leave children or

pets in a parked car

- follow the recommendations of a health care provider if you are taking any medications or have a health condition

- take cool showers or baths, or use cool, wet towels on the face, neck and/or arms.

Residents can also beat the heat this summer at pools and spray pads situated throughout Brampton, Mississauga and Caledon or enjoy some shade at a neighbourhood park.

During extreme heat, residents can also stay cool by visiting a nearby air-conditioned library or one of the many community centres in any of the cities.

High temperatures in the mid-to-high 20s are expected to continue in Peel through Tuesday morning.

Stay tuned to *Peel Daily News* for further updates and alerts regarding extreme-heat weather.



PDN SPORTS

SPOTLIGHT

Attention Peel sports groups
Please contact our Sports Editor
sports@peeldailynews.com for getting your
group's information in the paper for FREE.

Physical Literacy Critical to Maintaining Good Health

Understanding the importance of physical activity brings a world of benefits

by David Robinson

"My goal is to be better today than I was yesterday. To improve myself, to enrich my life.

I am running my own race. I compete with no one else but myself. This is my journey." - Edah Syah, 2017 Boston Marathon finisher with a 2:47:18 time.

Physical movement is critical to human health.

Physical and Health Education Canada defines a physically literate person as someone who moves with confidence and competence in a wide variety of physical activities in multiple environments that benefit the healthy development of the whole person.

There is serious concern amongst health and fitness professionals with the declining level of physical activity in the general population.

The percentage of obesity and those considered overweight is growing at a rate that is unprecedented in human history.

Lifestyle related illnesses and diseases like heart attack, stroke and diabetes are at an all time high.

Sheldon Persad, a local fitness expert who has been training national and Olympic class athletes for 25 years, commented that "Experts in the field

of health and fitness have concluded that there is currently a global pandemic of childhood obesity. As a result, for the first time in human history, today's children will not have the life expectancy of their parents."

Our dependency on motorized transportation and a fundamental shift in the nature of work towards knowledge based industries means many of us live largely inactive lives.

Without the competency to engage in free time physical activities, many folks are just not getting anywhere near enough exercise to stay healthy.

The old saying still rings true - "Use it or lose it." The less you do, the less you are able to do. The more you do, the more you are able to do.

The ideal time to become physically literate is early in life. Learning to run, bike swim, ski our play ball as an example are best learned when you are young.

Motor skills become second nature and we are more likely to continue on with these activities as we move through life.

Researcher Istvan Baly, who was one of the architects of the Long Term Athlete Development (LTAD) for Athletics Canada, has suggested that

ideal time to engage children in fundamental physical activities is between the age of 6-10 years. Fundamental physical activities include track & field and gymnastics.

I personally had the good fortune of having an athletic father and grandfather who put me into everything. They encouraged it and expected me to work at it.

I loved it and it has carried me through my entire life. My passion for sports is very high and it all started as a youth.

I make time for plenty of physical activity in my weekly schedule. I look forward to it and I enjoy it.

That is not to say that physical literacy cannot be learned as an adult. I know many amateur athletes who did not really start their career until after they completed university, got a job and got into the swing of life.

Many folks I know have started from scratch as a newbie in a variety of sports and have gone on to be champions.

Learning to be physically competent later in life is not easy but it can be done with success.

However, it does require a fundamental change of lifestyle. Change is difficult for most folks to manage.

To learn a new sport and make time for it requires an alteration in your weekly routine.

This can prove problematic particularly in the beginning. Until the new lifestyle becomes second nature, it will require plenty of perseverance and determination.

You have to find a way to keep going, find reasons to continue to engage your new activity and enjoy the time. Too often, the old habits take over and we fall back to the same inactive routine.

Nothing really happens in this regard unless we make it happen. If we always do what we always did, we will always get what we always got.

Being physically active has many benefits including weight control, increased muscle strength, stronger heart and lung capacity, reduced blood pressure and cholesterol count.

Not to mention that engaging in regular physical activity makes us feel better. Being happy and in a good frame of mind enhances our individual health and the relationships we have with other people.

Self-esteem is an important part of mental health and a sense well being.

Physical literacy can build self-esteem and confidence leading to a more healthy well rounded person.

The Ontario provincial government recently sent out a press release entitled



"Ontario Making it Safer and Easier to Commute by Bike."

The government is committing \$50 million this year from its carbon market to enhance and improve bike lanes in order to encourage commuters and those making frequent trips to do so by bike rather than traditional motorized transportation.

I think this is wonderful and it shows the government's commitment to encourage the population to become physically active. They are certainly doing their part.

Unfortunately they can't make the use of the bike lanes a requirement. The option to use the lanes is at the discretion of the user.

It still boils down to the

individual to make the necessary change to his or her life style in order to make time for physical activity in their lives.

Physical literacy has strong and positive attributes for everyone. The competency and confidence acquired in doing the activity enhances both physical and mental health.

Eventually we all lose our health; however, becoming physically literate and maintaining it creates a happier and healthier life.

PDN

The Brampton Youth Soccer Club:



Mission Statement

To promote, govern and improve organized soccer in the City of Brampton and to foster among its members, supporters and teams a general community of spirit. To help individuals to develop their character as resourceful and responsible Members of their community by providing opportunities, through the game of soccer, for their mental, physical, social and leadership

development. To maintain and increase interest in the game of soccer. To have and exercise general care, supervision and direction over the playing interests of its teams and members. If you'd like more information about the Brampton Youth Soccer Club please call

905-459-8989

or email

officeadmin@

bramptonyouthsoccerclub.ca.

Steelheads Off To Summer Camp!

Mississauga Steelheads players Michael McLeod, Owen Tippett, Nick Hague and Jacob Ingham are included among 197 players invited to Hockey Canada National Teams' Summer Showcase.

Hockey Canada will assemble the nation's best men's, women's, and sledge team prospects for its annual National Teams' Summer Showcase, a series of development and selection camps that kick off the 2017-18 season.

The first wave of invites have been issued to 197 men's team hopefuls. Beginning on July 22, 111 players will assemble in Calgary for the under-17 development camp. As they wind down their on- and off-ice sessions, a group of 44 players – four goaltenders, 16 defencemen, and 24 forwards – will arrive and vie for a spot on Canada's National Men's Summer Under-18 Team during a five-day selection camp.

Canada's National Men's Summer Under-18 Team

will leave Calgary on Aug. 2 following the final roster decisions to compete at the 2017 Ivan Hlinka Memorial Cup.

Meanwhile, 42 prospects looking to earn an invitation to December's National Junior Team selection camp will make their way to Plymouth, Mich., for the Canada's National Junior Team Sport Chek Summer Development Camp.

Among the invitees are four goaltenders, 13 defencemen, and 25 forwards.

Ryan Jankowski, player personnel director for Hockey Canada, was responsible for all player selections, with assistance from regional scouts, Canadian Hockey League general managers and branch representatives for the under-17 roster, and with input from coaches and general managers from across the CHL for the under-18 and under-20 roster.

"For about three-and-a-half weeks in July and August, we get to see all of the players in our program concentrated in two

locations, which gives our management team, coaches, and staff a chance to develop, first and foremost, what we feel is our top talent in Canada," said Scott Salmond, Hockey Canada's vice-president of hockey operations and national teams.

"It's a great opportunity for these players who are working towards earning a chance to wear the Team Canada jersey, and I want to thank Ryan [Jankowski] and his team for the diligence they've put into helping us identify this group of players."

The schedules for each camp will be revealed in a few weeks.

Jankowski and his group will continue the evaluation process when the players return to their home clubs, with an eye to fielding the best in Canadian talent at the 2017 World Under-17 Hockey Challenge in Dawson Creek and Fort St. John, B.C., the 2018 IIHF World Junior Championship in Buffalo, N.Y. in December, and the 2018 IIHF U18 World Championship next spring.

Excelsiors still winless

The Brampton Excelsiors' early season skid continues.

The visiting Oakville Rock knocked them off 12-6 last Thursday night. Rookie Bennett Drake had three goals for Brampton--now 0-4 and 1.

Their next action is this Wednesday against the Redmen in Brooklyn.

The Excelsiors host the Cobourg Kodiaks at Memorial arena Thursday (an 8 o'clock start).

Their busy week continues as the Peterborough Lakers visit on Saturday. (for a 7 o'clock start).

For a full schedule, visit bramptonexcelsiors.com.



Peel partnership brings women's basketball prep program to Caledon

Beginning in September 2017, the Peel District School Board will partner with the Caledon Cougars Basketball Association to offer a women's basketball preparation (prep) program, Caledon Basketball Academy.

Humberview Secondary School will host students in the Caledon Basketball Academy for the 2017-18 school year, and expects to recruit 12 players for its varsity team.

Students from across the province will be recruited into the program by staff from the Caledon Basketball Academy, which will offer academic assistance, post-secondary guidance, sports psychology and nutrition lessons and strength and conditioning exercises.

The Peel board will not be responsible for student athlete recruitment.

Poleen Grewal, superintendent of curriculum and instruction support services, said that the board is committed to giving all students who participate in the program high-quality education as they work towards their academic and athletic goals.

"We look forward to working alongside external coaches who are committed to helping high-performing student athletes achieve excellence 'on the court,' while we support their academic success."

The move was also heralded by Gord Everett, the head coach of the Caledon Basketball Academy.

In a statement, Everett said that the academy was looking forward to working alongside the athletes, coaches and support teams to provide a high-level experience for prospective athletes.

"We look forward to contributing to the league's growth and to elite women's basketball in Ontario," he said.

Student athletes will be expected to meet the full academic requirements of their courses and adhere to the secondary schools' codes of conduct. Students in the prep program will be coached by staff from the Caledon Basketball Academy, and will compete in the Ontario Scholastic Basketball Association (OSBA). Humberview will continue to have their own basketball teams separate from the prep team.

Applications to the Academy will not be accepted through the Peel board or through Humberview.

For more information and registration information, visit www.caledoncougars.ca.

CANADA

150



Toronto FC Beat DC United, Remain In First Place

by **Benedict Rhodes**

Toronto FC were victorious on Saturday night, beating last-place DC United 2-0 at BMO Field.

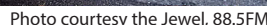
Toronto dominated DC from start to finish, outshooting their opponents 21-9. Toronto finally took the lead in the 60th minute, after Jozy Altidore put the ball into the net following an incredible pass from Sebastian Giovinco.

The Reds didn't look back, ruthlessly attacking the DC defense, and doubled their lead in the 85th minute through a Jordan Hamilton header.

Up next for Toronto FC is a date will the rival Montreal Impact in the first leg of the Canadian Championship final. That match will be played on Wednesday night at Montreal's Saputo Stadium.



Get your Peel Daily News Digital every day subscribe at www.PeelDailyNews.com



For more information regarding the program, please feel free to contact Provincial Constable Tamara Schubert at tamara.schubert@opp.ca.

Answers on page S4

JS

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Blue Jays Memories Canadians in Sport



Bob Bailor:

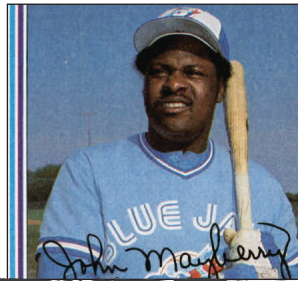
He was the first player chosen in the 1977 expansion draft by Toronto. He hit .310 in that first year as a shortstop. He played 11 seasons— four with the Jays, the rest with Baltimore, the New York Mets and the Dodgers.



John Mayberry:

Known as Big John he was a ten year veteran and two time all star when he came to Toronto in 1977.

He played four and a half seasons at first base for the Jays and was a huge hit with the fans.

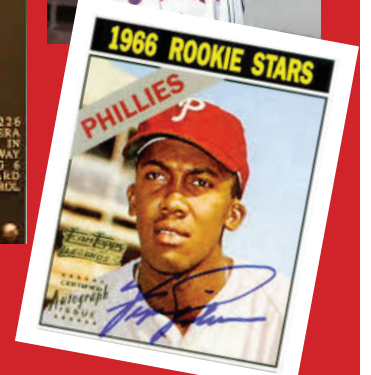
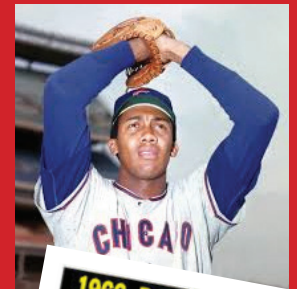
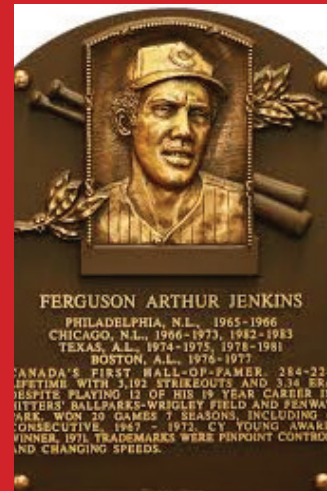


Fred McGriff:

He debuted at first base with the Jays in 1986— spending five seasons with them before being traded to San Diego in the deal that brought Joe Carter and Roberto Alomar to the Jays.



THE BEST of the THE BEST



Ferguson Jenkins

by Joe Snider

The best ball player Canada's produced, (he was born in Chatham, Ont.) the 6'4" right-hander won two games as a rookie with the Philadelphia Phillies on the way to 284 overall. An ace on the hill, he's the only Canadian elected to the Baseball of Fame in Cooperstown, New York. "Fergie" turns 75 in December.

Mississauga Sports Hall of Fame

PDN sports recognizes and remembers

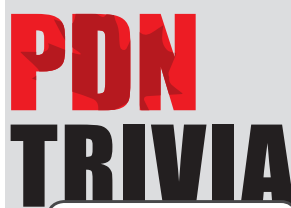
BILL ZARDO

Brampton-born Bill Zardo dominated stock car racing throughout the 1980s.

He was Flamboro Speedway's driver-of-the-year, won Flamboro's Late Model titles in 1984 and 1986, and a Molson Series' crown also in 1984.

He was Flamboro's Triple 50s champion in 1987 and was inducted in the Flamboro Speedway Hall of Fame in 2013.

Three of his children and five grandchildren have followed in his footsteps.



Answers from S3

1. 1920---Antwerp
2. It was won in the 1920 SUMMER games.
3. a blue Graham-Paige sports car and \$14,500 for his education.
4. Dave Steen
5. Otto Jelinek
6. None
7. Gaetan Boucher
8. Barbara Ann Scott

PDN

CELEBRATES

CANADA 150

Morning Smile!

Two shepherds lean on their crooks at the end of a long day and the first asks the second, "So, how's it going?"

The second one sighed and shook his head, "Not good, I can't pay my bills, my health isn't good, my kids don't respect me, and my wife is leaving me."

The first replied, "Well, don't lose any sheep over it."

LOL!!



PDN LIFESTYLE

Wavin' the flag this Canada Day

by **Erica Phillips**

There will be plenty for people of Peel to sing and dance to as Canada celebrates its big milestone on Saturday, July 1.

Mississauga

K'naan will headline the Canada Day party at Mississauga Celebration Square.



K'naan

The Canada 150 event, which runs from 2 - 10:30 p.m., will feature a concert across two stages representing Canada's diversity. Carassauga will also present a Canada 150 Parade of Nations at 4:20 p.m.

Mayor Bonnie Crombie and councillors will do the opening ceremony.

DJ Shub, Neon Dreams, The Heavyweights Brass Band, Shobhit Banwait (a fusion tabla drummer), Metis Fiddler Quartet and Fito Blanco, Brilliance Together and Glowing Hearts Drumline will drive the celebratory vibe of this once in 150 years party.

Revellers can take a

moment to publicly declare their commitment to Canada by participating in a Canadian citizenship reaffirmation oath.

Camp Canuck runs from 2 - 6 p.m. and will feature the Sesqui Pavilion.

Mississauga is a stop on the Canada wide SESQUI Virtual Reality Exhibition Tour. The True North Buskers Stage, 360 degree photo booth, roaming stilt walkers, acrobats, face painters, crafts 'Canada's biggest birthday card' are also on the schedule.

There will be a variety of food vendors to overindulge your cross-cultural appetite. You'll be able to burn off the added calories dancing.

Visit culture.mississauga.ca for more information. Mississauga Celebration Square is located at 300 City Centre Dr.

Canada in photos

While you are at Celebration Square, visit the nearby Living Arts Centre Gallery for the photo exhibit "Proud to be Canadian, Our Stories."

This juried exhibition runs from June 30 to Aug. 20. Featuring more than 40 photographers, "Proud to be Canadian, Our Stories" celebrates Canada's 150th anniversary from coast to coast with 'visual narratives' and text.

Malton

Malton Celebrates Canada Day 2017 will be held from 2 - 10:30 p.m. at Westwood Square (7205

Goreway Drive). This free event is hosted by the Malton BIA.

Port Credit

The Hazel McCallion Canada Day Parade along Lakeshore Road from Stavebank Road to Seneca Avenue kicks off Port Credit's Paint the Town Red Canada Day celebration at 11 a.m. An opening ceremony with a cake cutting is scheduled for 1 p.m.

Memorial Park will have Dunsire Kids Zone Stage, Adventure Canada Youth Stage, Paramount Fine Foods Main Stage.

At 10:05 p.m., join celebrants for the singing of O Canada, which is followed by fireworks. Visit paintthetownred.ca for more information. Memorial Park is located at 40 Stavebank Rd.

Streetsville

Streetsville Village Park will have festivities starting at 6 p.m. and fireworks at 10 p.m. in Streetsville Memorial Park. It will feature free live entertainment, face painting, Lions' Club birthday cakes, giveaways, children's games and crafts a Rotary BBQ and more. Streetsville Memorial Park is located at 335 Church St.

Churchill Meadows' Canada Day Together Festival at Churchill Meadows Community Common runs from 2 - 10 p.m.. JRDN headlines this party at 9 p.m. The opening anthem will be at 2 p.m. followed



Big Wreck

by the Tile Painting project and features from the First Nations, Irish culture, South Asian culture, Chinese culture, Arabic culture and Portuguese culture. In between there will be escape games, and a war re-enactment.

After formal greetings from the dignitaries at 6:55 p.m., get ready to rock with live music from The Southdowns at 7 p.m. and fireworks at 10 p.m.

Churchill Meadows Community Common is located at 370 McDowell Drive. Visit canadadaytogether.ca to register for the escape room games, Tile Painting project and for more information.

Brampton

DMG Chinguacousy Park in Brampton will host a Canada Day party that starts at noon and ends with a bang with fireworks at 10 p.m. The headliner is Big Wreck.

An opening ceremony will be held at 5:45, featuring the Muskoka Chair Project unveiling, the Oneida Circle Dance and Drum Performance, 'Round the World Dance Performance and more.

The beer garden will be open from 4 - 9:45 p.m., plus Muskoka Chair Arts Displays, Canada 150 product giveaways and so much more to see and do in various zones.

There will also be a



Community Zone, a Sports Zone, a Lumberjack Zone, Food and Retail Zone, and a Concert Zone.

Head to the Concert Zone at 5 p.m. and be prepared to rock: DJ On Top at 5:15 p.m., opening ceremony at 5:50 p.m., Little Bones (Tragically Hip tribute band) at 6 p.m., Yukon Blonde at 7:05 pm and Big Wreck at 8:25 p.m. Fireworks at 10 p.m.

DMG Chinguacousy Park is located at 9050 Bramalea Rd., east of Dixie Road. Admission is free.

Canada Day MELA

Punjabi Virsa Arts & Culture Academy and 5aabTV will be hosting Canada Day MELA from 11 a.m. - 8 p.m. at the Bramalea GO Station parking lot (Bramalea Road and Steeles Avenue East). It will have Bhangra dancing, live music, a cake ceremony.

Admission and parking are free. Visit www.canadadaymela.ca for more information.

Caledon

The 26th Annual Canada Day Strawberry Festival will happen at the Caledon Fairgrounds from 8 am to 4 pm. At noon there will be cake and balloons. The festival also features strawberry deserts, a car show, vendors, all day strawberry breakfast, BBQ and more. Admission is free.

The Caledon Fairgrounds are located at 18297 Huron Street.

Downey's Farm will also

host a Strawberry Festival. The fun runs from 9 a.m. - 4 p.m., and admission is free. Strawberry-topped pancakes with whipped cream (\$8 per person) kick off the day on a sweet note. All-day entertainment includes pony rides, live music and more. The opening ceremony is at 10:30 am. Downey's Farm is located at 13682 Heart Lake Rd. in Inglewood.

You can also celebrate at the Caledon Canada Day party at the Albion Hills Conservation Area from 4 - 11 p.m. The party ends with fireworks. With 14 food trucks, the feasting will be fun: funnel cakes, french fries and other festival fare.

Admission and parking are free. Albion Hills Conservation Area is located at 16500 Regional Rd 50 in Palgrave.

Get out and celebrate Canada's 150th birthday and wave your flag with pride!



Why library membership is a no brainer in the digital age



Sitting in traffic behind a city bus emblazoned with the ad 'Get your free card... go anywhere!' got us thinking: what does the library offer the public in the age of the internet? Brampton Library has recently launched a transit ad campaign to reveal why a free library card is something none of us should be living without.

We started our investigation with a visit to the Library's website at www.bramptonlibrary.ca.

Clicking on the homepage Programs button, we see that story times and book clubs are widely available, but so are computer courses in English, Hindi, Punjabi, and Urdu. Programs on how to use the internet, Skype, Facebook, and What's App,

position Brampton Library as a place to get free instruction, information, and advice that helps navigate popular technology.

Back on the homepage, there are colourful buttons leading to free music downloads and online courses, e-books, e-audiobooks, e-magazines, and today's e-newspapers from countries around the world. Why pay for these things when they are all free to library cardholders?

We found that it is easy to apply for our own library card online or in person and get started right away. It is convenient to read our selections on a computer, tablet, or smartphone and it is enjoyable to spend time in any of Brampton's six (soon to be seven) library branches, found in the South Fletcher's and Gore Meadows community centres, downtown at Four Corners, Cyril Clark Branch at Loafer's Lake, Chinguacousy Branch in

the Civic Centre, Mount Pleasant Village and coming this fall, Springdale Branch at Bramalea Road and Sandalwood Parkway.

Library branches are community hubs, offering free services, programs, and events that inspire connections for all ages and interests.

Supporting STEM learning and the thrill of discovery, Brampton Library recently partnered with City of Brampton and Sheridan College to form Makerspace Brampton. Starting at Four Corners and coming soon to Chinguacousy and Springdale branches, everyone is to use the 3D printers for free, learn how to build a website, join a maker meet-up, participate in a Repair Café, and more. Find the full details at www.makerspacebrampton.ca.

Is the library relevant when everything is online? Turns out its leading the way and a free library card is all you need to get there.

Brampton Poised for Cultural Renaissance

New cultural director hired for Rose Theatre

The City of Brampton has hired Brendan Healy, one of Canada's most acclaimed theatre directors, to lead the vision for performing arts in Brampton and manage the City's signature cultural venue, the Rose Theatre.

Brendan will begin his tenure as the City's new Artistic Director, Performing Arts on June 21, 2017.

An award-winning artist and accomplished cultural administrator, Brendan was the Artistic Director at Toronto's Buddies in Bad Times Theatre from 2009 to 2015, a period during which the company experienced unprecedented success.

Brendan is widely recognized for his creatively challenging and highly compelling work, an approach that will play a significant role in helping to position Brampton as a bright light on the Canadian cultural landscape.

Now entering its 12th season, the Rose Theatre annually welcomes over 55,000 people who come from across the GTA to enjoy the best in local, national, and international talent in music, theatre, dance, comedy, and literature.

"I am thrilled to be joining the team at this moment in Brampton's history," he said in a statement Tuesday



The Rose Theatre's new artistic director, Brendan Healy. (Submitted photo)

afternoon.

"The Rose

Theatre is one of the most stunning venues in the GTA and, like the City of Brampton itself, it is well poised to assert itself as an innovative, dynamic, and vital cultural centre."

"I look forward to working closely with the City's rich cultural communities to forge a new vision for the Rose and the performing arts in Brampton," he said.

Brendan will also play a key role in developing the City's first cultural master plan.

Launching in fall 2017, the plan will set the strategic direction for cultural development in Brampton and is an important component of the City's comprehensive

planning vision for growing an innovative, connected and dynamic global city.

"The City is committed to a new direction for culture in Brampton, one that recognizes the incredible creative talent and resources we have in this city. We intend to leverage strategic planning and partnerships in the creative cultural sector for real economic and social impact," said Bob Darling, Director of Economic Development and Culture.

"Brendan's energy and expertise will support this approach and we are pleased to be taking our next steps with him on board."

Marriott Brampton hosts Grand Opening

On Thursday June 15, The Marriott Courtyard hotel celebrated the Grand Opening of its 5,000 square foot state of the art ballroom newly renovated rooms and with a combined celebration of Canada 150.

Invitees were treated to a buffet featuring foods of the world, prepared by chef Andre Bourgeois demonstrating Brampton's ethnic diversity.

Entertainment and a

display of the state of the art lighting and sound features of the ballroom and a tour of the newly renovated hotel accommodations.

The Marriott Courtyard is located at 90 Biscayne Blvd in Brampton.

For ballroom information and bookings, visit www.marriott.com/yyzbn.







Award-Winning All-You-Can-Eat Buffet!



Seniors 65+
20% OFF Buffet
(with valid ID)

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Brampton West (Bovaird/McLaughlin) 905-450-3000
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Supporting local charities with Starr's on the Credit

by **Alex Gregory**

After twelve years, the spirit of community giving is greater than ever in Peel, and one city councillor has been helping to make a demonstrable impact on the region.

Mississauga Councillor Ward 6 Ron Starr has been running Starr's on the Credit since 2005.

Billed as an annual themed garden party, the event raises funds for local charities and organizations, including the Alzheimer Society of Peel, Trillium Health Partners and Credit Valley Hospital.

Each year, Starr and his family bring hundreds of guests, including community advocates, colleagues and friends, to their home on Mississauga Road, where they will enjoy live entertainment and auctions, along with dinner

and drinks.

The event continues to sell out yearly, with this year's event, held on Thursday, June 22, being a themed red-and-white affair in honor of Canada Day.

ErinoakKids Centre for Treatment and Development will once again be the beneficiary for this year's event.

Founded in 1971, ErinoakKids was to be provide treatment and support for children with disabilities in Peel.

Since then, it has grown to become the largest children's treatment centre in the province, serving more than 15,000 children with disabilities and their families each year.

The centre continues to provide medical, therapy and support services to help children and youth with disabilities, but the

needs are greater than ever.

Many children within Peel Region use or are impacted by the services provided by Erinoak, including physiotherapy and occupational therapy services, as well as speech and language training, infant hearing services, medical needs and much more.

The need for additional support and funding from community advocates comes at a critical time, as Erinoak is planning to open three new facilities, located in Mississauga, Brampton and Oakville.

The facilities will offer expanded services to children with disabilities in all three cities and are scheduled to open throughout late 2017 and early 2018.

The organization has credited the generous support of charitable



Submitted photo

groups like Starrs on the Credit, service groups, businesses and individuals for helping them to realize their dream of delivering critical and coordinated to those in need.

Starr's on the Credit has raised over \$200,000 since 2005 and has continued to grow larger each year, with more than 300 guests attending last year's event.

For more information or

to make a donation, please visit starrsonthecredit.ca or contact Julie Saccone at 905-855-2690, ext. 4301.

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Artist in Motion

PDN Spot Light: Musician, actor, and producer *David O'Hearn*

by **Jonathon Resney**



David O'Hearn

For most people, fear can be a deterrent. For MARTY Award-winning musician, actor, and producer David O'Hearn, it's a motivator.

"I wanted to do it because I hadn't done anything scary in a while," said O'Hearn of his first foray into acting in 2004. At the time, O'Hearn had made a name for himself as a multi-instrumentalist in rock, Top 40, and folk bands. On a friend's recommendation, O'Hearn auditioned for a role in City Centre Musical Production's version of *Guys and Dolls*. Despite having no acting experience, O'Hearn got the part. He loved the experience and has gone on to act in over 40 theatrical productions.

Similarly, O'Hearn had no experience composing for film when he asked his friends, director Dany Geshan and producer

Morgan Muscat, if they needed someone to score the short film he was producing, 2010's *Severance*. O'Hearn was hired, and since written music for five other films.

When asked what drives him, O'Hearn mentions his love for trying new things. Different aspects of his multifaceted career fulfill him in different ways. O'Hearn loves the "instant gratification" of performing in front of an audience and "feeding off the energy in the room", but he equally enjoys the perfectionism and meticulousness of recording and composition.

O'Hearn also loves producing other people's music. "You end up going places the songwriter never imagined," he says. "You have more input in the process – you're adding ideas and making suggestions. Saying things like, 'I love this part – can we move it over here?'"

O'Hearn plays in four different bands, performing everything from R&B to classic rock. "For musicians, it helps to be versatile," says O'Hearn. "You need to be versatile in thinking of ways to put forward your art."

David O'Hearn will close the Mississauga Ribfest with the Blackboard Blues Band on Saturday, July 19. He will be playing at the Georgetown Ribfest on Aug. 19 with Time Trip.

Bradley Museum celebrates 50th anniversary



Photo courtesy of The City of Mississauga

Much like Canada's 150th, a Mississauga museum is also celebrating a milestone anniversary this year.

Bradley Museum turns 50 this summer and the City wants to celebrate it with residents.

On June 24, Mayor Bonnie Crombie and members of City Council will commemorate the

anniversary with an official ceremony and cake-cutting at the museum.

Free, family-friendly activities will also be held during the afternoon for heritage enthusiasts of all ages.

A special focus of the day will be to thank the volunteers and visitors who have helped make the museum such as success.

Visitors to the ceremony can also learn about the history of the Bradley Museum, including an opportunity to explore the Bradley house and the current exhibition "like a conjuring (bringing water back to Bradley)".

In celebration of the 50th Anniversary and Canada 150, admission will be free through Aug. 22. Donations

accepted.

The event begins at 10 a.m., with the official ceremony beginning at 11 a.m. Activities will run from 12:00 - 4 p.m.

Bradley Museum is located at 1620 Orr Road.

For more information, please visit mississauga.ca/museums or call 905-615-4860.

Meditation 101 - Stress vs. Relaxation

by **Elizabeth Banfalvi**

Stress is one of the most prevalent modern day conditions. Nobody is immune to it. From the child to the adult to the elderly, we are all affected by it.

So what do we do about it and what is it about?

Stress is actually an overreaction to circumstances in our lives.

At one time, we used to be able to leave our work at the office or plant, but nowadays, we have our laptop and cell phone so we can be contacted at all times. We never rest.

Stress is a survival instinct, the sympathetic system which is flight or fight and we tend to be in this mode or action at all times. We constantly contract waiting for the next survival threat. This is where we run into problems.

Our body needs to counteract the stress/survival threat mode, and relaxation is the counterbalance of this. Stress contracts and relaxation releases or loosens.

Relaxation is part of the parasympathetic system – the rest and repair. This response is where we rest and repair any damage to our systems caused by too much contraction.

It is like our car at high speed all the time which would wear a car down completely. We need to run the car and ourselves in a balance of both high and low speed and parking/rest. Overstimulation isn't the best for us all the time. For a time, it is alright but not constantly. We have to sit back and relax and let the tension go.

Be aware of how your body is feeling right now. Where do you hold your tension the most? Do

a body scan and check yourself out. What hurts the most? Simply contract that area and then relax it.

Do it a second time and then a third to get that area used to being relaxed. Now be aware of how that feels. Is it warm and more relaxed? That means extra circulation which is good. E

Use the following simple techniques to increase the feeling of relaxation in your body. Practice this often through the day until it becomes natural and you feel more relaxed even though you will be going through stressful times.

Don't hold onto your stress - just let the feeling release from you.

1. Take some long slow breaths in and out of your nostrils. Let the feeling of the flowing breath become stronger. Feel the breath coming in and then releasing as it flows out of you. Repeat several times.

2. Shake off your hands like you are shaking off water. Feel the stress release with the motion of your hands.

3. Put your hand at the top of your arm and stroke down and off your arm and then your hand. Make it a long stroke and feel your hand going all the way down your arm. Repeat with the other arm.

4. Slowly contract your whole body and hold. Now with a long sigh, release the contraction slowly until your body is totally relaxed. Repeat several times.

5. Now smile! Yes, I did say smile. There is nothing better than a wonderful happy feeling to release the tension. Now go and smile at everyone else and bring some joy to them. Take it with you.

Elizabeth Banfalvi
Reg. Cdn. Reflexology
Therapist, Core Optimum
Health
Author, Meditation
Series

Unbreakable Racing Spirit in Port Credit



Participants racing over the Credit River during the UNBREAKABLE Father's Day 5k race in Port Credit this past Sunday. Photo by Emily Miszk

by **Emily Miszk**

Not even a downpour could soak the spirits of families racing this past Father's Day weekend in Port Credit.

Families of all ages came out early Sunday morning to take part in the ninth annual UNBREAKABLE Father's Day 5k Race for Mental Health, which was held at the Port Credit Marina.

Though the rain threatened to stall the race early in the morning, the clouds cleared and the sun peeked through just in time for the race to start.

Amanda Overholt, one of the coordinators of the run, explained that the event was all about promoting mental health programs for youths, including suicide prevention and suicide awareness initiatives.

She explained that it was her first year as a coordinator with the run, and went on to explain that the group that oversees the run has programs in elementary and secondary schools across Peel and Halton, as well as community groups through-

out the region.

Children who take part in the programs train up for the 5k run, over a period of 10 to 12 weeks.

"While participants train, they also learn about mental health and wellness messages along the way," she said.

It was estimated that anywhere from 350 – 400 runners participated in Sunday's race.

Amanda said that the run gives kids and families a goal, and provides an opportunity to celebrate their goals together while also bringing awareness to the community.

The Port Credit Legion also hosted a pancake breakfast for the runners and participants to enjoy together.

David Harris, the founder and CEO of Cameron Helps and Sunday's race, also explained the significance of this initiative and the importance of physical and mental health.

"My son committed suicide in 2005. After that happened, I just felt I wanted to

do something," he said.

Harris founded Cameron Helps in 2005 to raise awareness on teen suicide, but more importantly, to raise awareness of physical and mental health.

The event started 9 years ago to raise awareness, but also to support the Team UNBREAKABLE running programs that run in 40 schools and reach over 10,000 kids per year in the Toronto and Peel regions.

The weather held out and the sun continued to shine for the remainder of the race.

It was a beautiful start to the day and a great way to shine a light and bring attention to a very important issue that affects many people in the community.

For more information on Cameron Helps, non-running events and future volunteer opportunities, visit www.cameronhelps.ca.

Happy Father's Day Peel!

Mississauga Goes Wild Over Ribs at the 2017 Rotary Ribfest



Ribs and entertainment are the name of the game at the 2017 Amacon Rotary Ribfest, running July 13 - 16. Submitted photo

Mississauga is set to get messy during the annual Amacon Rotary Ribfest, which runs July 13 - 16 at Celebration Square.

Billed as one of the premier food and music festivals in the city, the Ribfest is going into its 17th year with more activities and ribbers than ever!

This year's festival brings 12 ribbers and 20 other food vendors, including barbecue, Asian, Jerk, Halal and Vegetarian options to the square, plus a whole weekend full of live music, demonstrations and more.

After being founded in 2003 as an idea for a com-

munity barbecue party, the event has evolved into one of Mississauga's most anticipated Celebration Square Festivals.

This year's event is expecting to bring over 100,000 people to Mississauga over the three-day period.

This year, the festival will be offering a new interactive app that will be to download free on the Google Play and iTunes App Store as part of the Canada 150 celebrations.

The game will take players across Celebration Square and across Canada as they answer trivia questions and locate some hid-

den features with friends!

The app was developed as a part of the ON150 program, and is available to play year-round. The Amacon Miss Rotary Ribfest app can be downloaded from either app store before and after the festival.

The festival will also host a mix of Indie, pop, rock, country and swing bands throughout the weekend.

Proceeds go to the Rotary Club of Mississauga and the Rotary Club of Mississauga-West, which support local charities and causes.

For more information, visit www.mississaugaribfest.com/

Be A Responsible Pet Owner This June 24

There's more to walking your dog than you may know.

Mississauga Animal Services will be at Community Common Park on Saturday, June 24 to start their Take the Lead – Be A Responsible Pet Owner campaign.

This campaign addresses three areas of being a responsible pet owner including pet licences, stoop

and scoop and leashing.

Community Common Park will be host for the start of this campaign, which will continue throughout the summer and early fall in City parks.

The event will run from 8:30 a.m. until noon, and will include training tips, quizzes, giveaways and a contest to win a spa day for your dog at Dogtopia.

Those unable to make it out can visit @citymississauga on Twitter from 10:30 - 11:30 a.m. to ask questions about pet licences, stoop and scoop and leashing.

For more information on Mississauga Animal Services, visit mypeetmississauga.ca or call 311 or 905-615-4311.

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Slight decrease in home transactions in Peel



The Brampton Real Estate Board (BREM) reports a slight decrease in month over month home transactions in Peel. Only Caledon had an increase in property values.

On April 20, the Government of Ontario announced new measures to address hot housing markets, supply and affordability: there has been some impact, but is that because of the plan or the naturally occurring market forces and the time of year.

"Yes, the markets have changed. However, it is difficult to contribute these changes to the Provincial Fair Housing Plan. As the real estate market traditionally enters an increase of property supply, known

as the spring market just about the same time as the announcement from the Government," said Denise Dilbey, president-elect of BREM.

Calling this a balanced market, Dilbey said there were 1,120 home transactions in April in Brampton; in May there were 918. Caledon had 119 home transactions in April and in May. Mississauga had 1,127 home transactions in April and 1,071 in May.

"Buyers now have time to shop around," she added.

The average sale price of detached home dipped in Brampton from \$902,211 in April to \$871,052 in May. It was a similar situation in Mississauga for a detached home: \$1,237,499 in April; \$1,136,083 in May. Caledon had a slight increase

from \$1,077,006 in April to \$1,190,527 in May.

"However, these properties range dramatically in property lot sizes, making it difficult to accurately predict a trend," Dilbey said.

It's hard to say which market in Peel is the hottest. Homes spent a few more days on market in May, but all three are close together: Brampton at 11, Caledon at 13 and Mississauga at 10. Single-family homes are still the best sellers by "value of sale."



Denise Dilbey
President-elect of BREM

May's new home starts

Brampton

Brampton continues to lead Peel region in new home starts the Canada Mortgage and Housing Corporation (CMHC) reports.

In May Brampton had 402 new home starts: 1,954 for the year. Mississauga had 21 new home starts last month, bringing its total for the year to 721, while Caledon had 38 new home starts in May; 210 for the year.

Mississauga

Mississauga's May new home starts are down significantly from May 2016, which had 202 starts, but at 721 starts for the year, much higher than 459 starts from January to May 2016.

Mississauga's May 2017 new home starts were comprised of 19 singles and two semi-detached homes.

Caledon

Caledon's 38 May new home starts were comprised of 36 singles and two semi-detached homes. It's a drop from May 2016 which had 60 new home starts, however, at 210 new starts for the first four months of 2017, there's been a significant increase over the same period in 2016 which had 160 starts.

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The Springdale Community of Schools would like to invite you to

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International Day of Yoga
Open to all Ages!

When: Wednesday, June 21st, 2017
Where: Grey Whale Park (Next to Mountain Ash School)
Time: 3:30PM - 4:30PM

To register for this event, contact Ridhim Mehta at 647-302-1950
E-mail: ridhim.mehta@bmccentre.org
Or contact your school Settlement Worker by June 16th, 2017

Brampton Multicultural Community Centre
BMC Centre.org www.bmccentre.org @BMC and BMC

Brampton Multicultural Centre (BMC)

On Friday June 30th, BMC is offering a full day of activities for the residents of Peel to highlight Canada's rich history and heritage. It will also pay a tribute to immigrants who have contributed to the success of Canada in the last 150 years. They anticipate that several dignitaries and over one thousand community members will be present at this very special event. This event promises to be a day full of fun activities and entertainment.

Brampton Multicultural Centre (BMC) was established in 1987 as a charity organization to serve and work with newcomers, immigrants and citizens to facilitate their settlement and integration in Canada.

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Defining Heritage in Port Credit

City wants input on Old Port Credit Heritage Plan

Residents of South Mississauga will have the chance to weigh in on the development of the Old Port Credit Village Heritage Conservation District on Tuesday, June 27.

The City of Mississauga enacted the Old Port Credit Village Heritage Conservation District (HCD) Plan in 2004, and is revisiting the plan to ensure that it aligns with current legislation, preserves the village character and reflects community interests.

A neighbourhood walkabout will be held on June 27, beginning

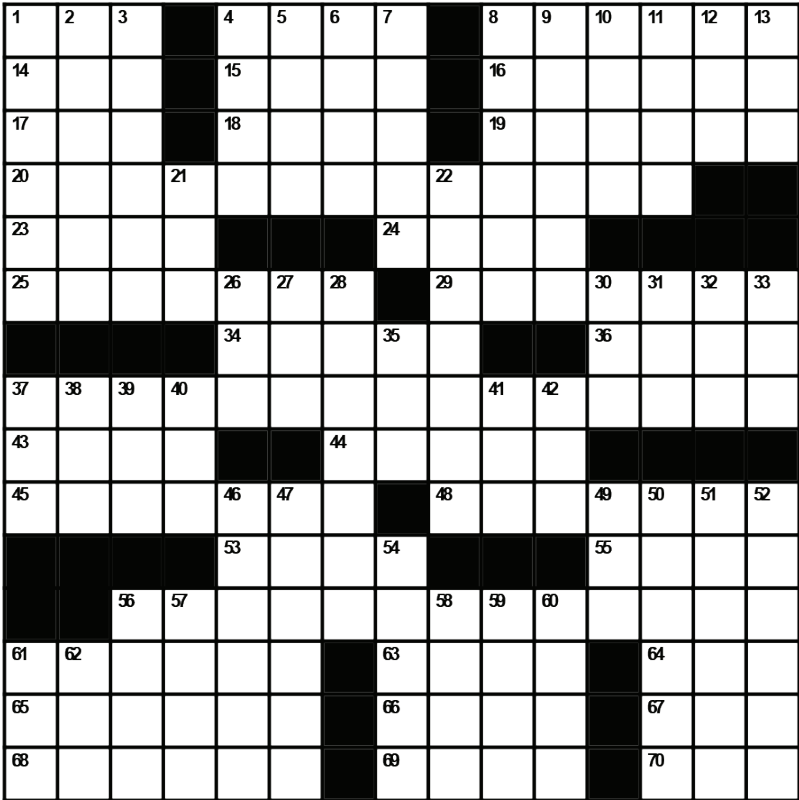
at 6 p.m. at the Port Credit Lighthouse (105 Lakeshore Road East). Participants will have the opportunity to discuss the plan with City officials.

A Strengths, Weaknesses, Opportunities and Threats (SWOT) Report will be presented at an open house directly after the walkabout. It will be held from 7:30 – 8 p.m. at Clarke Memorial Hall (161 Lakeshore Road West). City officials will also be on hand to answer questions from attendees.

For more information, email heritage.planning@mississauga.ca.

PDN Crossword

Puzzle by Myles Mellor



- Across

 - Take a wrong turn
 - Even-tempered
 - Dark mark
 - '60s singer Bobby
 - Banned apple spray
 - Regarding this
 - "Wheel of Fortune" purchase
 - The -- of the Ancient Mariner
 - Authoritative orders
 - Driving sensation
 - Kuwaiti V.I.P.
 - End of a certain road
 - Updated subscription
 - Its effect is hard to predict
 - Forest clearing
 - Exceptional
 - Country sensation
 - Dry Spanish libation
 - Watts in King Kong's hand
 - Crayfish
 - Types of rentals
 - Coin across the Atlantic
 - Hosiery shade
 - Swimming sensation
 - Obtain by interrogation
 - Enthusiasm
- Down

 - Tax ____ (IRS quarry)
 - Change the designation of
 - Harness
 - Antony who eulogized Caesar
 - Trojan princess of a Mozart opera
 - Light shedder
 - Dismal, to Donne
 - Moroccan prince
 - Saudi Arabia city
 - Acid linked to gout
 - Shoe insert
 - "How Stella ____ Her Groove Back"
 - U.S.N. grad
 - Emotion of the miffed
 - Garb for grooms
 - Color Guard organization, abbr.
 - Bar supply
 - Weekly chore
 - Raven cry
- "A Bridge ____ Far"
 - John Lennon's wife
 - McCarthy's least favorite color?
 - It's in your genes
 - Freon initials
 - Word with France, Jordan, or America
 - Cell substance
 - Dustup
 - Bird of the outback
 - Lightly roast
 - Really fancy
 - "Pride and Prejudice" novelist
 - Albania's monetary unit
 - Conspicuous successes
 - Threefold
 - Miscellaneous
 - Tender
 - Charade
 - Subject of SALT
 - Bank of Paris
 - 1/2 base x height, for a triangle
 - Societal klutz
 - Arrival time
 - Pierced body part sometimes

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Canada Day

Peel Regional Celebrations



CANADA 150



MISSISSAUGA JULY 1
Celebration Square 2pm - 10:30pm
Live on stage: K'Naan + Tim Horton Fireworks



BRAMPTON JULY 1
Chinguacousy Park 12PM-10PM
Fireworks start at dusk



CALEDON JULY 1
Strawberry Festival 8am-4pm
Caledon Fairgrounds



STREETSVILLE JULY 1
Streetsville village square 8am-4pm
fireworks at Memorial Park 10pm



PORT CREDIT JULY 1
Paint the Town Red 10am - 10pm
Port Credit Memorial Park +fireworks